



People who currently live in child/adolescent's household:

Name	Sex	Age	Relationship
_____			
_____			
_____			
_____			
_____			
_____			

Reason for seeking help at this time:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Significant people or family members not currently living with Child/ Adolescent:

<u>name</u>	<u>gender</u>	<u>age</u>	<u>relationship</u>
_____			
_____			
_____			
_____			

Please check each item that is a concern for your child/adolescent:

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Appetite/weight  | <input type="checkbox"/> Stomach aches      | <input type="checkbox"/> Health problems           |
| <input type="checkbox"/> Bowel problems   | <input type="checkbox"/> Headaches          | <input type="checkbox"/> Sleep-too little/much     |
| <input type="checkbox"/> Depression       | <input type="checkbox"/> Loneliness         | <input type="checkbox"/> Suicidal thoughts         |
| <input type="checkbox"/> Low energy       | <input type="checkbox"/> Unhappiness        | <input type="checkbox"/> Tiredness                 |
| <input type="checkbox"/> Feeling inferior | <input type="checkbox"/> Shyness            | <input type="checkbox"/> Making decisions          |
| <input type="checkbox"/> Work             | <input type="checkbox"/> Career             | <input type="checkbox"/> Ambition – to little/much |
| <input type="checkbox"/> Concentration    | <input type="checkbox"/> Education          | <input type="checkbox"/> Difficulty relaxing       |
| <input type="checkbox"/> Anger            | <input type="checkbox"/> Temper             | <input type="checkbox"/> Self-control              |
| <input type="checkbox"/> Children         | <input type="checkbox"/> Discipline         | <input type="checkbox"/> Being a parent            |
| <input type="checkbox"/> Nervousness      | <input type="checkbox"/> Stress             | <input type="checkbox"/> Fears                     |
| <input type="checkbox"/> Legal matters    | <input type="checkbox"/> Finances           | <input type="checkbox"/> Friends                   |
| <input type="checkbox"/> Nightmares       | <input type="checkbox"/> Dreams             | <input type="checkbox"/> Memories                  |
| <input type="checkbox"/> Alcohol use      | <input type="checkbox"/> Thoughts           | <input type="checkbox"/> Drug use                  |
| <input type="checkbox"/> Separation       | <input type="checkbox"/> Marriage           | <input type="checkbox"/> Sexual problems           |
| <input type="checkbox"/> Moves            | <input type="checkbox"/> Deaths             | <input type="checkbox"/> Other losses              |
| <input type="checkbox"/> Abuse, physical  | <input type="checkbox"/> Abuse, sexual      | <input type="checkbox"/> Abuse, verbal             |
| <input type="checkbox"/> Neglect          | <input type="checkbox"/> Visitation/custody |  |
| <input type="checkbox"/> Other changes    | <input type="checkbox"/> Other: _____       |  |

Circle symptoms your child has and number of times per week:

Anxiety__	Anger__	Overeating__	Acts out sexually with others__
Bedwetting__	Defiance__	Under eating__	Masturbates excessively__
Day wetting__	Controlling__	Sleeplessness__	Unusual or excessive sexual knowledge__
Accidents__	Lack of empathy__	Nightmares__	Plays out sexual themes__
Obsesses__	Lying__	Hyper vigilance__	Plays out violent themes__
Depression__	Low impulse control__	Startles easily__	Homicidal themes or actions__
Low energy__	Stealing__	Fears/Phobias__	Suicidal thoughts or actions__
Shy__	Drug/alcohol use__	Running away__	Stomach aches/ head aches__
Tantrums__	Impaired conscience__	Peer problems__	Spacing out__
Violent__	Excessive crying__	Low concentration__	Feelings of inferiority__
Grief__	Putting self down__	Memories__	Academic problems__
Allergies__	Specific Fears__		Hallucinations (hearing/seeing things)__
Other__			

Has your child ever been in counseling before? If so, when? Was it helpful? Who was the therapist? \_\_\_\_\_

What changes would you or your child/adolescent like to see as a result of counseling?

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What Strengths do you see in your teen's personality? (ie intelligence, compassion, creativity....)

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**Health History:**

Overall Health condition of child/ adolescent: very good    good    average    poor

Comments: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Significant medical conditions: \_\_\_\_\_

Hospitalizations: \_\_\_\_\_

Medications currently taking: \_\_\_\_\_

Primary Care Doctor: \_\_\_\_\_

Prescribing Doctor/Psychiatrist: \_\_\_\_\_

**School History:**

Name/location of school child/adolescent is attending: \_\_\_\_\_

Grade: \_\_\_\_\_ Average Grade Point: \_\_\_\_\_

Has your child/adolescent's behavior ever been a concern of one of his/her teachers? Describe:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Does your child/adolescent have any difficulties learning? \_\_\_\_\_  
\_\_\_\_\_

Does or did your child/adolescent have any difficulties at school with any of the following:  
writing    reading    arithmetic    poor coordination    memories of letters or numbers  
making friends    bullying    being bullied    keeping friends    concentration

What are your child/adolescent's strengths in school? \_\_\_\_\_  
\_\_\_\_\_

**Legal History:**

Are there custody disputes or current custody arrangements in place for the child/adolescent?

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Are there any restraining orders in place that affect the child adolescent? Describe: \_\_\_\_\_

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Is child/adolescent currently on probation or parole: Y N

Are any family members currently on probation or parole or currently incarcerated? Describe:

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**Family History:**

Please describe the quality of home life (ie: happy, tense, communication issues, stability, security, abuse, etc.): \_\_\_\_\_

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Does the family or child/adolescent have any religious affiliation? \_\_\_\_\_

What is the cultural background of the child/adolescent? \_\_\_\_\_

What types of discipline are used within the family? \_\_\_\_\_

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Describe the relationship between the child/adolescent's parents: \_\_\_\_\_

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Describe how the child/adolescent gets along with others within the family: \_\_\_\_\_

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Is there a history of mental illness, or emotional problems within the family or extended family?

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Please list anyone in the child/adolescent's family, including the child/adolescent and extended family that used or uses alcohol or drugs (prescription or recreational drugs):

relationship to child                      types of drugs                      purpose                      for how long

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**Personality of Child/Adolescent:**

tense   relaxed   restless                      calm   daydreamer                      self starter                      active   sluggish  
stubborn                      eager to please                      easy to manage                      disobedient                      happy                      sad                      angry  
loving   aloof                      friendly                      secure                      easily frightened                      bold                      cautious                      whining                      generous  
generous                      jealous                      cruel                      aggressive                      affectionate                      relates easily to adults  
relates poorly to adults                      attached to certain toys/objects to point of not being able to leave at home.

Have there been noticeable changes in behavior or personality at any time in his/her life? \_\_\_\_\_

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